A Proposal to Reduce Youth Homelessness in QLD

QUEENSLAND YOUTH HOMELESSNESS ACTION PLAN

QYHC

6th December 2010
# QUEENSLAND YOUTH HOMELESSNESS ACTION PLAN

A PROPOSAL TO REDUCE YOUTH HOMELESSNESS IN QUEENSLAND

## Contents

1. **CONTEXT**
   1.1 Introduction
   1.2 Young people’s rights
   1.3 Theoretical framework
   1.4 Principles
      1.4.1 Definition
      1.4.2 Principles for a policy framework
      1.4.3 Implementation
      1.4.4 Youth as a concept and principles for practice

2. **YOUTH HOMELESSNESS IN QUEENSLAND**
   2.1 Defining young people
   2.2 Young people at risk of homelessness
   2.3 Youth homelessness in Queensland

3. **HOMELESSNESS IS EVERYONE’S BUSINESS**
   3.1 The ‘spectrum’ concept
   3.2 A brief overview of the Elements of the Spectrum
      3.2.1 Specialist homeless housing and support
      3.2.2 Supportive youth housing
      3.2.3 Independent youth housing
      3.2.4 Community
      3.2.5 Mainstream support
      3.2.6 Early Intervention
      3.2.7 Prevention
4. KEY AREAS FOR IMPROVEMENT

4.1 Strategic outcome and Interface with the Queensland strategy for reducing homelessness

4.2 Integration: Overview
   4.2.1 Policy framework – ‘top down’ integration
   4.2.2 Integrated youth homelessness services- ‘bottom up’ integration

4.3 Towards an integrated homelessness service system
   4.3.1 Coordination
   4.3.2 Youth Homelessness Hub

5. RESPONDING EFFECTIVELY TO CLIENT NEED

5.1 Overview

5.2 Health examples below

5.3 Housing examples below

6. A POTENTIAL QYHAP PROGRAM LOGIC

APPENDIX 1: TERMS AND DEFINITIONS
1. CONTEXT

1.1 INTRODUCTION


The Queensland Youth Housing Coalition (QYHC) is advocating for a Queensland Youth Homelessness Action Plan to ensure that young people’s housing and support needs are addressed adequately in the development of any government strategy around homelessness.

This section will articulate that Australia is signatory to a number of human rights treaties. These various treaties underpin the Queensland Youth Homelessness Action Plan and the ‘Plan’ aims to comply with these treaties. It also outlines the theoretical framework and the principles to guide the implementation of the Queensland Youth Homelessness Action Plan.

1.2 YOUNG PEOPLE’S RIGHTS

Human Rights are about the basic dignity of people and are enshrined in the 30 articles of the Universal Declaration of Human Rights. QYHC supports the fundamental tenet that all people have access to human rights.

Australia is a signatory to a number of human rights treaties, these are:

- International covenant on civil and political rights
- International covenant on economic, social and cultural rights
- Convention on the rights of the child
- Convention on the elimination of all form of racial discrimination
- Convention on the elimination of all forms of discrimination against women
- Convention against torture and other cruel, inhuman or degrading treatment or punishment

The human rights treaties provide a framework that includes the rights of all to shelter and are the basis of the Queensland Youth Homelessness Action Plan.

---

1 United Nations, The Universal Declaration of Human Rights
The United Nations Convention on the Rights of the Child relates to anyone under the age of 18, and is a universally agreed set of non-negotiable standards and obligations. It states that decisions that affect children should be based on their ‘best interests’. As a signatory, Australia is committed to promoting and protecting the rights of children and young people.

1.3 THEORETICAL FRAMEWORK

The development of a robust policy and practice response must reflect and be based on an understanding of young people. In addition policy and practice models should focus on a strength based, as opposed to a deficit based, model of working with young people.

As a result the youth homelessness action plan must have at its basis:

- Pathways approach – understanding the causes and effects of homelessness (inc definitions of homelessness)
- Youth focussed practice – young people require differentiated and targeted responses that address their individual circumstances and needs (inc understanding of adolescent development)
- Interdependence – it is the whole community’s responsibility to provide supportive environments and structural assistance to young people until they can access the full benefits of adulthood.
- Early intervention to prevent long term homelessness – better understanding of the policy and program implications of early intervention and prevention.

1.4 PRINCIPLES

1.4.1 DEFINITION

Definition: key principles - fundamental source or basis underpinning the model.

1.4.2 PRINCIPLES FOR A POLICY FRAMEWORK

A rights based framework underpins equal opportunity and social justice. Equal opportunity focuses on treating all people equally and social justice focuses on marginalised groups and the power imbalances that are in the community. These concepts can provide a range of interrelated and essential principles that guides the Queensland Youth Homelessness Action Plan and its components parts.

---

2 United Nations, Convention on the Rights of the Child
These principles would then guide mainstream and youth specific organisations in their service delivery.

<table>
<thead>
<tr>
<th>Principle</th>
<th>To be included in Service Charters</th>
</tr>
</thead>
<tbody>
<tr>
<td>Availability: this is about the capacity of the service, both at the people level and the resource level, to meet the needs of the client.</td>
<td>We will:</td>
</tr>
<tr>
<td>Accessibility: has 4 dimensions:</td>
<td>• Provide services on the basis of need for the service</td>
</tr>
<tr>
<td>- Non discrimination</td>
<td>• Remove discriminatory barriers</td>
</tr>
<tr>
<td>- Physical accessibility</td>
<td>• Respect the right of service users to have personal relationships</td>
</tr>
<tr>
<td>- Information accessibility</td>
<td>• Treat all service users and their families with respect and without discrimination</td>
</tr>
<tr>
<td>Affordability: this is sometimes referred to as economic accessibility.</td>
<td>• Provide high quality and holistic services</td>
</tr>
<tr>
<td>Acceptability: youth homelessness facilities, goods and services must be respectful and culturally appropriate, i.e. respectful of the culture of individuals, minorities, peoples and communities, sensitive to gender and life-cycle requirements, as well as being designed to respect confidentiality and improve the social and emotional status of those concerned.</td>
<td>• Provide services that are flexible and responsive</td>
</tr>
<tr>
<td>Adaptability: flexible so it can adapt to the needs of changing societies and communities and respond to the needs of young people within their diverse social and cultural settings.</td>
<td>• Provide service users with opportunities to engage around service development.</td>
</tr>
</tbody>
</table>

Source Information: 1: This table has been adapted using such articles as Australian Human Rights Commission, Social Justice Report 2005

1.4.3 IMPLEMENTATION

Principles (founded on a rights based framework) are essential in ensuring that integrated models of service can interface in a more seamless manner. It must however be acknowledged that the application of Principles may vary depending on resource capacities in a local community or service.

For example the difficulty in terms of staff recruitment in rural, regional and remote areas impacts on the continuity of the quality of service delivery. There are not enough skilled people and there are no loadings to attract staff into more remote areas of Queensland. There must be special considerations made in terms of how rural, regional and remote communities are resourced to meet the needs in their location.
Further many of the models of service delivery that are developed pertain to an urban setting and these do not work in large parts of rural, regional or remote Queensland.

It must be noted that the gender and cultural overlays requires an ongoing analysis in these areas to ensure that the principles are being met.

1.4.4 YOUTH AS A CONCEPT AND PRINCIPLES FOR PRACTICE

MacKenzie and Chamberlain (2003)\(^3\) clearly articulate that the homeless career is fundamentally different between young people and adults.

They also highlight that inadequate support for homeless young people can create a transition to adult homelessness where adult homelessness “is not a separate career typology, but a continuation of the youth homeless career into adult homelessness” (p.vi).

QYHC (2006)\(^4\) explored the roles and functions of workers, particularly examining ‘relational practice’ and the need for youth workers to understand adolescent development issues when working with young people.

QYHC acknowledges the adolescent development issues that impact on young people, families and communities and must be taken into consideration when developing policy and practice responses. Adolescence is a time for great change for young people and their families. In the main these changes occur between the ages of 12-15 years and generally young women mature earlier than young men.

These changes for young people are at a number of levels:
- Biological – physical
- Psychological – thinking and feeling
- Social – how they relate to the world around them

Adolescent development is generally seen to be in three stages:
- Early adolescence: 12-14 years
- Middle adolescence: 15-16 years
- Late adolescence: 17 – 19 years

Dupree (2006)\(^5\) presented at the 4th National Homelessness conference and outlined the key principles and elements of relational practice. The key principles include:

---

\(^3\) MacKenzie and Chamberlain (2003) Homeless Careers: Pathways in and out of homelessness – a report from the counting the homeless 2001 project, funded by all State and Territory Governments and the Salvation Army

\(^4\) M. Leebeek, Adolescent Development and the role of SAAP, QYHC March 2006

- Personal frameworks (matched at the time of interview)
- Organisational philosophy
- Strength based practice
- A belief that young people have capacity and are working towards self determination
- The central belief that the core to human growth and well being is connectedness.

This section outlines the parameters on which the development of Queensland Youth Homelessness Action Plan will be based. Once the principles and concepts have been articulated then the specific components/content of the plan can be developed – these are articulated in the following sections.
2. YOUTH HOMELESSNESS IN QUEENSLAND

In this section young people are defined to ensure consistency of understanding and to describe the unique stage of life. The numbers of homeless young people and where they are located in Queensland are described in this section.

2.1 DEFINING YOUNG PEOPLE

It is important to establish a common understanding of what we mean when we state ‘young people’. The Queensland Youth Housing Coalition defines young people as being between the ages of 12 to 25 years. This is a nationally agreed understanding being used by agencies including the Australian Bureau of Statistics.

This does not imply that the Queensland Youth Housing Coalition is of the opinion that the accommodation, housing and support responses will be the same for all young people in this age cohort.

Consideration should be given to age, support needs and skill levels when developing responses to young people’s accommodation and housing needs.

There are a number of legislative frameworks that guide accommodation, housing and support responses to young people. In general the Queensland Youth Housing Coalition breaks down the age group into three sub groups: 12–15, 16–18 and 19–25.

For young people between the ages of 12 – 18 there are a number of understandings that form the basis of Queensland Youth Housing Coalition position:

- Young people aged 12-18 have needs that are observably different to those under 12;
- Young people aged 12-18 who are unable to live with their family and have protective needs are clearly the responsibility of the Department of Communities Child Safety - the statutory child protection authority; and
- Young people aged 12-18 who are unable to live with their family, whether in care and protection or not, access specialist youth homelessness services.

For young people aged 12-18 the provision of accommodation options outside a statutory framework (ie residential care, foster care) should not preclude linkages with existing intervention services and the funding of new intervention services. For this age group, the discussion about service delivery needs to move beyond a question of ‘in or not of care’ to a discussion about
how statutory and non-statutory responses to young people’s protective needs can complement one another.

2.2 YOUNG PEOPLE AT RISK OF HOMELESSNESS

The Queensland Youth Housing Coalition notes that the concept of risk must be placed within a continuum of care framework otherwise ‘at risk’ can be a very broad concept. QYHC would argue that risk factors must relate to the risk of becoming homelessness.

Young people ‘at risk’ of homelessness may be young people who:

- Have been harmed or continue to be at risk of harm from physical, sexual and emotional abuse and/or neglect;
- Have no significant caring adult figure who can exercise care and responsibility;
- Are engaged in risk taking behaviours and have families who are unable and/or unwilling to protect them from the harm this exposes them to;
- Experience family conflict and breakdown;
- Have no or limited support networks;
- Are unable to value and respect themselves;
- Experience emotional instability and/or mental health issues; and
- Experience education and employment issues.

The protective needs of young people may be further exacerbated as a result of particular disadvantage due to cultural and social impacts, these include:

- Young people with intellectual disability or learning difficulty;
- Aboriginal or Torres Strait Islander young people;
- Young people from diverse cultural backgrounds;
- Young people with psychiatric illness;
- Gay/lesbian/bisexual and transgender young people;
- Young people with substance abuse issues;
- Young people who are pregnant and parenting.
o Young people exiting child protection services, from either ageing out of care at 18 years of age or young people disengaging from child safety; and

o Young people exiting Juvenile Justice Services, particularly young people on dual child protection and juvenile justice orders.

2.3 YOUTH HOMELESSNESS IN QUEENSLAND

The main mechanism to count homelessness in Australia is the ABS Census.

Of the 104,676 homeless people counted across Australia in the 2006 Census:

o 16,375 or 16% of the homeless population were people in the most extreme situation - ‘sleeping rough’ (i.e. in improvised dwellings or tents, or in streets, parks, cars or derelict buildings)

o 19,849 or 19% of all homeless people were staying in emergency or transitional housing—mainly in SAAP (specialist homeless) services

o The majority, 46,856 or 45% of all people experiencing homelessness were defined as homeless because they were staying with another household and had no usual residence

o 21,596 people or 21% were living in boarding houses

<table>
<thead>
<tr>
<th></th>
<th>Australia</th>
<th>Queensland</th>
</tr>
</thead>
<tbody>
<tr>
<td>N</td>
<td>104,676</td>
<td>26,782</td>
</tr>
<tr>
<td>%</td>
<td>100</td>
<td>100</td>
</tr>
<tr>
<td>Boarding houses</td>
<td>21,596</td>
<td>5,438</td>
</tr>
<tr>
<td>%</td>
<td>20</td>
<td>20</td>
</tr>
<tr>
<td>SAAP accommodation</td>
<td>19,849</td>
<td>3,233</td>
</tr>
<tr>
<td>%</td>
<td>19</td>
<td>12</td>
</tr>
<tr>
<td>Friends and relatives</td>
<td>46,856</td>
<td>12,946</td>
</tr>
<tr>
<td>%</td>
<td>45</td>
<td>49</td>
</tr>
<tr>
<td>Improvised dwellings, sleepers out</td>
<td>16,375</td>
<td>5,165</td>
</tr>
<tr>
<td>%</td>
<td>16</td>
<td>19</td>
</tr>
</tbody>
</table>


A quarter of all homeless people were living in Queensland at a rate higher (69 per 10,000) than the national average (53 per 10,000). Queensland had the highest numbers of rough sleepers in Australia at 5,165. Surprisingly most homeless (73%) are living in rural and remote communities (Dept of Families, Housing, Community Services and Indigenous Affairs 2008, p.36).

---

According to the 2006 Census\(^7\), 76% were single-person households, 14% were couples without children and 10% were families. The only increase was in the numbers of families since the 2001 census. It is also thought that the number of couples and families could be undercounted as de facto’s might have been missed in the count and people without their children (who may have been left with friends or relatives) have been counted as singles.

Across Australia there were 44,547 (43%) children and young people aged 0-25 who were homeless on census night in 2006. In Queensland children and young people made up 37% of all homeless people.

**TABLE 2: AGE DISTRIBUTION OF HOMELESS POPULATION**

<table>
<thead>
<tr>
<th></th>
<th>Australia</th>
<th>Queensland</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>N</td>
<td>%</td>
</tr>
<tr>
<td>Under 12</td>
<td>12,133</td>
<td>12</td>
</tr>
<tr>
<td>12–18</td>
<td>21,940</td>
<td>21</td>
</tr>
<tr>
<td>19–24</td>
<td>10,504</td>
<td>10</td>
</tr>
<tr>
<td>25–34</td>
<td>15,804</td>
<td>15</td>
</tr>
<tr>
<td>35–44</td>
<td>13,981</td>
<td>13</td>
</tr>
<tr>
<td>45–54</td>
<td>12,206</td>
<td>12</td>
</tr>
<tr>
<td>55–64</td>
<td>10,708</td>
<td>10</td>
</tr>
<tr>
<td>65 or older</td>
<td>7,400</td>
<td>7</td>
</tr>
<tr>
<td></td>
<td>104,676</td>
<td>100</td>
</tr>
</tbody>
</table>


The table below demonstrated that there were more females than males in the age group 12—18 years however this trend reverses in the 19 –24 age group\(^8\).

---


There has been a substantial reduction in the rate of youth homelessness between 2001 and 2006 census (Chamberlain and MacKenzie 2006 p.xi. Much of this has been attributed to lower unemployment and more significantly due to increases in the provision of early intervention services over the last 10 years (Chamberlain and MacKenzie 2006 p.xii)

Whilst the number of homeless young people in the 12–18 years age bracket has dropped since 2001, this cohort still represent 21% of all homeless people nationally and 16% in the State. Young people (12–18 yrs) are the largest group of people experiencing homelessness and the highest users of specialist homeless services.

<table>
<thead>
<tr>
<th>Australia</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Under 12</strong></td>
</tr>
<tr>
<td>--------------------</td>
</tr>
<tr>
<td>%</td>
</tr>
<tr>
<td>Male</td>
</tr>
<tr>
<td>52</td>
</tr>
<tr>
<td>Female</td>
</tr>
<tr>
<td>48</td>
</tr>
<tr>
<td>-------------------</td>
</tr>
<tr>
<td><strong>100</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Queensland</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Under 12</strong></td>
</tr>
<tr>
<td>--------------------</td>
</tr>
<tr>
<td>%</td>
</tr>
<tr>
<td>Male</td>
</tr>
<tr>
<td>52</td>
</tr>
<tr>
<td>Female</td>
</tr>
<tr>
<td>48</td>
</tr>
<tr>
<td>-------------------</td>
</tr>
<tr>
<td><strong>100</strong></td>
</tr>
</tbody>
</table>

3. HOMELESSNESS IS EVERYONE'S BUSINESS

Homelessness has been traditionally conceptualised as a ‘continuum’ (Chamberlain and MacKenzie, 2003) which viewed the pathway through homelessness as directional. Another way of looking at homelessness is proposed through the Spectrum Model (NYCH Parity article). The Spectrum model is described in this section and its relevance to the government’s response to homelessness.

3.1 THE ‘SPECTRUM’ CONCEPT

The Spectrum describes and maps the elements that need to be in place in order to effectively respond to and end youth homelessness.

The Spectrum replaces the idea of a continuum, as the continuum was often misunderstood and associated with throughput, one direction and one point of entry and exit.

In the Spectrum concept prevention (as systemic work) has been distinguished from early intervention (as work done once a risk has been identified). The systemic work is critical to the Spectrum concept.
This ‘wrap around’ concept is centred on the needs and rights of the young person at risk of or experiencing homelessness, rather than on a particular model. The Spectrum concept is also premised on the basis that all models of service operate with a mixture of one or more of the different elements of the Spectrum.

The three Commonwealth key policy goals - Turning off the Tap, Improving and Expanding Service and Breaking the Cycle (Dept of Families, Housing, Community Services and Indigenous Affairs 2008) fit in to the Spectrum as well.

There are a variety of different needs and risks for each young person (not just one point of entry into homelessness) and there needs to be a choice and mix of what are the most appropriate elements of the spectrum for service to use to meet the needs of young people.

### 3.2 A BRIEF OVERVIEW OF THE ELEMENTS OF THE SPECTRUM

#### 3.2.1 SPECIALIST HOMELESS HOUSING AND SUPPORT

This part of the spectrum is linked to the existing homeless service system; services that have been in place for nearly thirty years. It assumes that if a young person is homeless today – right now – they will need a place to stay, a range of supports, they may need intensive support and they may need a place to start future planning. Unfortunately words like crisis, short term, and ‘refuge’ tend to be misunderstood and are often confused with the ‘day/night’ shelters in the US which are only beds for a night and do not provide case management and support. In fact services who work in this part of the spectrum can (and do) much more than provide a bed for the night.

#### 3.2.2 SUPPORTIVE YOUTH HOUSING

Some young people who are homeless may not always need intensive support. This might be because they have been through a more intensive case planning process or have been ready to go straight to a supportive housing situation. Approaches which provide supportive housing include: Street to Home, Foyers, Common Ground, Multi House Models, Independent Living Programs or perhaps even ‘student housing’.

#### 3.2.3 INDEPENDENT YOUTH HOUSING

Young people have the right to access independent youth housing. This part of the Spectrum is where, as part of the pathway out of homelessness, young people have access to (long term) affordable housing that is independent of support. This is their place, their home. However there is not enough housing for young people. In the absence of this housing, young people are forced to use specialist homeless housing and supportive youth housing as their ‘social housing’, or they are required to sleep rough or couch surf.
3.2.4 COMMUNITY

Young people who have experienced homelessness have the right to belong to and actively participate in the community in order to build networks and interdependencies – such as belonging to sports clubs and being positively engaged with friends and family. Approaches that provide this sort of support include Reconnect and community development services. This work is often underestimated as part of the response to youth homelessness.

3.2.5 MAINSTREAM SUPPORT

Young people who have experienced homelessness are not just a ‘homeless’ client. They are also simultaneously ‘clients’ of other mainstream support services and have the right to access these services. Approaches here include support to access education, employment, health and wellbeing etc. This is an underdeveloped area of the spectrum.

3.2.6 EARLY INTERVENTION

This is similar to the White Paper’s aim to ‘Turn off the tap’. We need to identify and respond to an individual’s risk of homelessness as early as possible in order to avoid the young person becoming homeless. This is still an underdeveloped area of the spectrum. Much more work needs to be done with particular groups of young people, including couch surfers, young people leaving care, and young people leaving institutions.

3.2.7 PREVENTION

The distinction here is that while early intervention relates to the work around individual risks, prevention is the work around preventing ‘systemic’ risk and the effects of poverty, social exclusion, and poor wellbeing. The work here includes that of Government, peak bodies and advocates who seek to address broader systemic concerns that contribute to or create homelessness. This area includes homelessness policy plans, media campaigns and work on domestic violence, child protection etc. It is assumed here that the other elements of the spectrum also contribute to the task of preventing youth homelessness.
4. KEY AREAS FOR IMPROVEMENT

The Queensland Strategy for Reducing Homelessness and the Queensland Implementation Plan are intended to provide a whole of government response to homelessness. The Queensland Youth Homelessness Action Plan aims to enhance the government’s response to homelessness by ensuring that there is targeted response to young people both at a systems and client level. This section outlines how the Queensland Youth Homelessness Action Plan will relate to the ‘Strategy’ and the ‘Implementation Plan’.

4.1 STRATEGIC OUTCOME AND INTERFACE WITH THE QUEENSLAND STRATEGY FOR REDUCING HOMELESSNESS

The Federal Government White Paper on Homelessness (The Road Home 2008) provides a vision to end homelessness and identifies strategies to address the causes of homelessness. However it is the Federal Governments Social Inclusion agenda that provides a higher level vision for the national homelessness agenda. The Federal Governments’ Social Inclusion priority includes ‘Addressing the incidence of homelessness by providing more housing and support services’ and thereby should provide the vision for the strategic and long term outcomes for the Queensland Strategy for Reducing Homelessness.

It is essential, as Australia is a signatory to a range of human rights protocols, that rights based/social justice principles should guide the development of high level strategic and long term outcomes within the Queensland Strategy for Reducing Homelessness. If these principles do not guide the strategic and long term outcomes then the social inclusion concept can mean imposed value based expectations about how young people should fit into society – blaming individuals whilst ignoring structural disadvantage. These value based expectations can be interpretative and in conflict with the UN treaties that Australia is signatory to. Social inclusion can run the risk of having processes that negate individual choice and are unable to recognise cultural, sexual or gender specific differences. The system as a result becomes rigid and based on mainstream ideas – and in turn may not address poverty or disadvantage.

The social inclusion outcomes for young people, proposed in the Queensland Youth Homelessness Action Plan, are strength based (not deficit focussed) and include (but are not limited to) key areas such as:

Young people have a range of housing options;
Young people are provided with information, support and access to services;
Young people are able to make informed decisions and choices about service system support responses to meet their needs;
Young people can participate individually and collectively in the decision making processes that impact on their lives; and
Young people have access to an independent complaints mechanism and advocates.

The flowchart attempts to provide a visual map of how the Queensland Youth Homelessness Action Plan interrelates to the Queensland Strategy for Reducing Homelessness.
4.2 INTEGRATION: OVERVIEW

The White Paper on Homelessness articulates three key strategies:
1. Turning off the tap
2. Improving and expanding services; and
3. Breaking the cycle.

The White Paper on Homelessness notes that homelessness is everyone’s business urging responses from government, business, not for profit sector and the community. Whilst it is easy to make this statement, the complexity comes when we attempt to bring these sectors of our community together in an integrated way in order to meet the outcomes and targets articulated through the White Paper.

There have been a number of reports\(^\text{11}\) that have particularly focused on the concept of service integration.

The Queensland Youth Housing Coalition believes that there are merits about ‘top down’ and ‘bottom up’ integration responses. ‘Top down’ integration needs to be about government providing the tools and mechanisms through the policy framework for the ‘bottom up’ integration to be able to occur. The ‘bottom up’ integration processes needs to be about cross agency collaboration, practice and needs identification.

It is the opinion of the Queensland Youth Housing Coalition that integration is vital at the policy and practice level; these ‘top down’ and ‘bottom up’ approaches to integration each have essential strengths and neither approach works well in isolation. It is the point of synthesis or coordination between the two processes that is vital for broad positive social change to occur as coordination manages the points of convergence and divergence between the ‘top’ and ‘bottom’.

Within the ‘top down’ and ‘bottom up’ processes there are vertical integration processes. In government this is about whole of government agenda’s and within ‘bottom up’ processes these may take the form of protocols or Memorandum of Understanding.

4.2.1 POLICY FRAMEWORK – ‘TOP DOWN’ INTEGRATION

The Queensland Youth Homelessness Action Plan will be a key component of the Queensland Strategy for Reducing Homelessness. It is anticipated that the Queensland Strategy for Reducing Homelessness will ensure higher level outcome and targets.

The Federal Government has undertaken to develop a range of ‘top down’ integration processes such as national research processes as well as the development of a database system for specialist homelessness services.

The Queensland Government Implementation Plan for the National Partnership on Homelessness\(^\text{1}\) has already articulated a range of ‘top down’ integration projects through the Homelessness Information Management System which aims to:

- Develop and implement a common homelessness assessment tool;
- Develop and implement a vacancy management system;

---

Develop a business case for a client management system; and

Develop a case mix methodology.

It is essential that all these processes acknowledge the unique needs of young people and how they engage in mainstream, non-government and community services.

4.2.2 INTEGRATED YOUTH HOMELESSNESS SERVICES- ‘BOTTOM UP’ INTEGRATION

There is a range of ‘bottom up’ integration approaches in the youth sector and in some areas these have included local or place based approaches and the pooling of grass roots resources.

Currently under the Queensland Government Implementation Plan there is also a Service Integration project titled the “Homeless Youth Care Coordination Program” funded by FACSIA in the Brisbane region. This project is exploring an integrated service system approach in inner Brisbane to assist homeless young people with mental illness or complex needs.

‘Bottom up’ integration needs to be facilitated by policy frameworks to ensure sustainability. It is anticipated that some of the current systems improvements being developed through the Queensland Implementation plan will facilitate the ‘bottom up’ integration processes.

A range of ‘bottom up’ integration processes would ensure flexibility to the system including multiple entry points and thereby client choice about how they seek assistance. These are:

- Protocols and Memorandum of Understanding;
- Local needs based planning processes focussing on young people; and
- Workforce development processes such as youth specific practice forums.

4.3 TOWARDS AN INTEGRATED HOMELESSNESS SERVICE SYSTEM

4.3.1 COORDINATION

The Queensland Government Implementation Plan has within it a Homelessness Planning and Coordination Initiative led by QCOSS in partnership with the Queensland Government. QCOSS\textsuperscript{13} have provided the following information on this:

\begin{quote}
“The QCOSS Homelessness Planning & Coordination Initiative provides a real chance to significantly reduce homelessness by bringing together all agencies and organisations involved or concerned with homelessness to
\end{quote}

\textsuperscript{13} QCOSS Homelessness Planning Coordination article provided to stakeholders, 2010
develop local strategies and actions and commit to achieving them.

Over the next three years QCOSS will lead the development and implementation of Community Action Plans to reduce homelessness, harnessing the energy and expertise of local communities in: Cairns, Mt Isa, Hervey Bay, Caboolture, Toowoomba, Brisbane, Gold Coast.

The Initiative is funded under the Queensland Implementation Plan for the National Partnership Agreement on Homelessness (NPA-H) and in a Compact-style collaboration, will be implemented in partnership with the Department of Communities Homelessness Community Action Planning Initiative (also funded under the NPA-H).

4.3.2 YOUTH HOMELESSNESS HUB

To assist in the implementation of the Queensland Youth Homelessness Action Plan there needs to be a youth homelessness hub that provides key support and resourcing. The Youth Homelessness Hub has been developed by QYHC (see Table 1) as an approach to sector development and support that would complement current policy initiatives. The QYHC suggests the Hub can provide cohesion to the policy and practice approaches focusing on young people. The focus of the Hub would not be on regional planning processes but rather on ensuring that the development of regional plans would be consistent with the broader youth service system. For example the process would ensure that a crisis service in Mt Isa would be run similarly to a crisis service in Mackay or Brisbane – consistency of service delivery providing surety for young people in the type of services they can receive regardless of where they are in the State. However we must remember that different geographical areas have different resources and so not all areas have the same accommodation and support services. The Hub approach could enhance referral processes across the State by mapping the service system.

The Youth Homelessness Hub aims to focus on continuous quality improvement around working with young people and on specific issues area or target groups of young people (see section 5) – focusing on quality practice. This aspect of the Hub work would contribute to the broader discussion on practice such as the National Quality Framework.

The Youth Homelessness Hub would contribute to the Queensland Homelessness Intersectoral Forum by providing specific feedback on ‘bottom up’ issues for young people and youth services.

The type of work that the Youth Homelessness Hub could conduct with the specialist youth homelessness services is outlined in Table 1 below:
**Table 1: Youth Homelessness Hub Model**

The Youth Homelessness Hub can enhance the current 1800 number that the Queensland Youth Housing Coalition conducts for young people across Queensland. This is currently self funded from Queensland Youth Housing Coalition resources and provides a central access point for young people.

If there is to be considerations regarding a regional intake process, based in local communities and specific to young people, this could interface with the 1800 number that the Queensland Youth Housing Coalition currently provides.

Further, young people’s access to housing and accommodation is not limited to government or community resources. In keeping with the theme of the White Paper the Queensland Youth Housing Coalition can connect government, community and business. The Queensland Youth Housing Coalition currently creates a range of physical and virtual resources for young people and service delivery agencies, and provides a range of products and practice material that is shared with members and the broader community.
5. RESPONDING EFFECTIVELY TO CLIENT NEED

Young people are not a homogenous group. The reasons why young people are homeless and why they remain homeless are many and varied. The Queensland Youth Homelessness Action Plan needs to develop within it a range of strategies to meet these varying needs. This section outlines what some of the key target group and issues areas are.

5.1 OVERVIEW

There are a range of target groups and issue areas that the Queensland Youth Homelessness Action Plan could focus on. These include:
- Specialist Youth Homelessness services
- Health
- Education
- Training and Employment
- Housing
- Aboriginal and Torres Strait Island young people
- Young people from diverse cultural backgrounds
- Gay, lesbian, bisexual and transgender young people
- Young women
- Young people transitioning to adulthood from statutory care.
- Young people with intellectual disability or learning difficulties.

Each section would have system and client outcomes, with measures related to each outcome.

The Queensland Youth Homelessness Action Plan would ensure that there is a systems approach to young people.

Several examples are provided below.

5.2 HEALTH EXAMPLES BELOW

<table>
<thead>
<tr>
<th>Systems outcome</th>
<th>Client outcome</th>
<th>Measure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Young people have increased access to primary health care services</td>
<td>Young people have improved health outcomes.</td>
<td>Decreased presentation of homeless young people in emergency departments</td>
</tr>
<tr>
<td>IYHSHYP data shows less incidence of chronic health episodes</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

5.3 HOUSING EXAMPLES BELOW

<table>
<thead>
<tr>
<th>Systems outcome</th>
<th>Measure</th>
<th>Measure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Housing has improved social and emotional outcomes for young</td>
<td>Young people in low SES areas accessed the Department of Housing</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

24
6. A POTENTIAL QUEENSLAND YOUTH HOMELESSNESS ACTION PLAN PROGRAM LOGIC

The development of a Queensland Youth Homelessness Action Plan will need to be underpinned by a program logic. The Program Logic proposed below integrates the concepts that have been discussed in sections one to four of this proposal.

The following is an example of how the Queensland Youth Homelessness Action Plan program logic could look like – it is only a framework. Currently there is no content that has been added – this would be developed in partnership with government and non-government stakeholders. However the framework demonstrates:

1. how the principles and the theory underpins the program logic;
2. the NCCS classifications that could define the outputs;
3. how the short, medium and long term outcomes could be from a client and system level;
4. the distinct measures for the outcomes; and
5. the strategic outcomes (based within the national social inclusion and homelessness agenda’s).
Potential Program Logic for the QLD Youth Homelessness Action Plan

Based on Social Inclusion outcomes:
- Reducing disadvantage
- Increasing social, civic and economic participation
- A greater voice, combined with greater responsibility
- Reduced social exclusion on the basis of social status

Strategic Outcome + 5 years

Long term outcome 2 - 5 years

Medium term outcome 6ths - 2 years

Short term outcomes 1 - 6 months

Systems outcomes (top down integration) [List]
Client outcomes (bottom up integration) [List example]

Measures: system
Measures: client

Outputs

Personal and social support A01
Financial and material assistance A04
Crisis and transitional accommodation A05.4
Community Group, Development and support A07.2

Assumptions

Rights based framework
Theoretical framework
Principles
APPENDIX 1: TERMS AND DEFINITIONS

Young people: a person between the ages of 12 to 25 years