

Shifting our gaze -Young people and alcohol and other drugs

Workshops (and more!) for specialist youth
housing services



Acknowledgement of Country



**We respectfully
acknowledge the
Traditional Owners
and Custodians of the land
on which our service and
events take place.
We pay our respects
to Elders past, present and
future and acknowledge all
Aboriginal and or Torres
Strait Islander people
across the State.**

This map attempts to represent the language, social or nation groups of Aboriginal Australia. It shows only the general locations of larger groupings of people which may include clans, dialects or individual languages in a group. It used published resources from 1988-1994 and is not intended to be exact, nor the boundaries fixed. It is not suitable for native title or other land claims. David R Horton (creator), © AIATSIS, 1996. No reproduction without permission. To purchase a print version visit: www.aiatsis.ashop.com.au/

Dovetail?



Dovetail provides clinical advice and professional support to workers, services and communities across Queensland who engage with young people affected by alcohol and drug use.

General support and assistance



Phone



Email



In person



Zoom/Teams

Young people and drugs workshop - Background

Managing intoxication



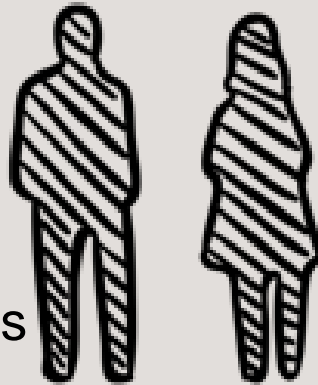
Binge/crash cycle



Risky behaviour



Injecting drug use



Disengagement from workers / services



Different worker and organisational responses



What works



Drug solution vs problem

Reducing harms

Insight and ability

Safety... towards stability

Empowerment

What not to do

- Lecturing young people about ceasing
- Attempting to scare young people into stopping
- Coercing rather than encouraging young people to make change
- Workers who don't have a relationship with the young person talking to them about their use
- We don't give harm reduction advice to young people who don't use drugs

Young people and drugs workshop



**History, research and
Policy**



**Young people in AOD
treatment**



**Understanding AOD
related harm**



**Having conversations
about AOD use**



**Responding to Cycles
of AOD use**



**Judging risk and
safety planning**



**Intervention matching –
Stages of change**

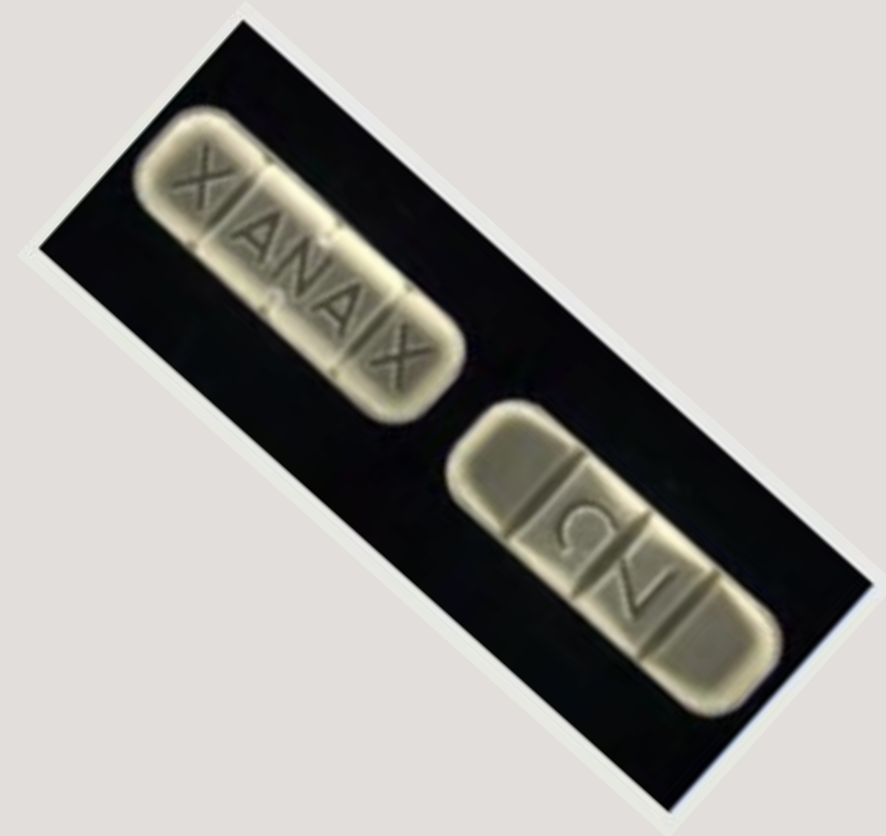


**Getting resources and
staying connected**

The four L's

**DOVETAIL
PRESENTS**

Drug trends in Queensland



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Supporting the youth alcohol & other drug sector in Queensland

Dovetail provides clinical advice and professional support to workers, services and communities who engage with young people affected by alcohol and other drug use



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Where can I go for information / resources?

- Dovetail: www.dovetail.org.au
- ADIS: (see next slide)
- Insight: www.insight.qld.edu.au
- ADF: www.adf.org.au/drug-facts
- Australian Indigenous Health *InfoNet*: <http://www.healthinfonet.ecu.edu.au>
- Family Drug Support: <http://www.fds.org.au>
- YSAS: [home page \(ysas.org.au\)](http://www.ysas.org.au)



**24/7 support for people in
Queensland with alcohol
and other drug concerns**

1800 177 833

adis.health.qld.gov.au

Acknowledgements!

Services and organisations who helped us shape our content / material, including:

- Hot House (Qld)
- Qld Alcohol and other Drug Research Education Centre
- Titjikala Community, Northern Territory
- Victorian State Government
- Youth Support and Advocacy Service (Vic)



**Thanks
Platform 1225!**



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