

FREE Professional Development; Wellbeing Conversations and Neuroscience



Wellbeing Conversations with The Common Approach®

The Common Approach is best practice for having quality conversations with children and their families about all aspects of their wellbeing. It is an evidence-based preventative approach that encourages and supports:

- prioritising the wellbeing of children above all else
- taking a holistic view of the family's circumstances
- identifying strengths to assist with areas of need
- working in partnership with families and other professionals.

The Common Approach is supported by a suite of professional resources. It is not a standardised risk-assessment tool, but rather a simple, versatile way of working that enables child-led and child-focused discussion across all areas of wellbeing. It allows for a more consistent, positive and empowering experience for young people and families.

Free Training Opportunity

To be eligible for this training you must be working in South West Queensland in the child, youth, family sector. This free professional development opportunity is made possible with funding from the Ian Potter Foundation and is delivered by ARACY – the Australian Research Alliance for Children and Youth and Thriving Queensland Kids in partnership with Yiliyapinya.

The Common Approach training® is a blended learning course, comprising of eLearning modules and an in-person workshop. The eLearning modules take approximately 3 hours to complete. Once the modules are completed, participants then attend a one-day workshop Tuesday 24 October 2023 in South West Brisbane where you will complete a Brain Health screener and learn how to translate neuroscience into action.

If you are interested in participating, please email sheryl@yiliyapinya.org.au. Preference will be given to pairs from organisations to undertake the training and attend the workshop together.

For more information about this limited training opportunity email
sheryl@yiliyapinya.org.au or commonapproach@aracy.org.au