elephanted

Consent, Relationships & Sexuality Education

For young people, by young people

Trusted by 500+ Australian schools

HAILEYBURY

Beaumaris Secondary College

Trinity GRAMMAR SCHOOL, KEW

MELBOURNE GIRLS GRAMMAR
AN ANGLICAN SCHOOL

SCOTCH COLLEGE MELBOURNE
FOUNDED 1851

Bialik College

WESLEY COLLEGE
MELBOURNE AUSTRALIA · SINCE 1866

HEATHMONT COLLEGE

St Leonard's College
An education for life.

Kilvington
Grammar School

Richmond High School

CAMBERWELL GRAMMAR SCHOOL

Emmanuel College
LIFE TO THE FULL

Sunshine College

XAVIER
SURSUM CORDA

GENAZZANO FCJ COLLEGE

WHEELERS HILL Secondary College

McKinnon Secondary College

PRINCES HILL
LAB ET ORE FIDE
SECONDARY COLLEGE

Lowther Hall
ANGLICAN GRAMMAR SCHOOL

Trusted **eSafety** Provider
esafety.gov.au

Elephant Ed is endorsed by the eSafety Commissioner as a Trusted eSafety Provider, demonstrating our capability and experience in delivering evidence-based online safety content.

LA TROBE UNIVERSITY

Elephant Ed works in partnership with La Trobe University's Australian Research Centre in Sex, Health and Society (ARCSHS) to ensure our curriculum is based on up-to-date and peer-reviewed research.

NSW EDUCATION
SUPPORTING STUDENTS' WELLBEING
QUALITY ASSURED EXTERNAL PROGRAM

Elephant Ed is available as a quality-assured program in the NSW Department of Education's Student Wellbeing external programs catalogue in the themes of Consent & Respectful Relationships, Behaviour, Resilience and Sense of belonging.

Our difference

Elephant Ed is a leading consent and respectful relationships provider to more than 500 Australian schools.

Every year, our team empowers more than 100,000 students with relevant, relatable and applicable skills to make healthy, safe and respectful decisions.

People

We are a youth-led organisation. Our facilitators are highly-trained, youthful and relatable. They have a fresh insight into adolescence that young people can truly grasp - they've recently been on the journey too.

Content

Our workshops are curriculum-mapped, age-appropriate and evidence-based, tailored to each school's needs and community values. Our content is designed to respond to relevant matters and challenges facing young people.

Delivery

We deliver workshops in an informal and interactive manner. We steer clear of lecture-style presentations and encourage dialogue through facilitating conversation and engaging in thought-provoking and fun activities.

Our offering

We adopt a whole-school preventative education approach, delivered primarily through our student workshops, supported by our parent & carer seminars and staff professional development.

This ensures young people have access to ongoing, wrap-around support, embedding a culture of respect across entire communities.

Student Workshops

Our student workshops are designed to run for 60-90 minutes for group sizes of up to 35 students. Our workshops are interactive and discussion-based. All workshops include pre and post lesson plans to be delivered by school staff.

Parent Seminars

Our parent seminars provide parents with an insight into young people's lives. We introduce parents to the pressing matters facing young people, equipping them with take-home strategies to start open conversations at home.

Staff PDs

Our staff PDs equip teachers with the skills and knowledge to implement a whole-school approach to consent and sexuality education. The PD reinforces positive role modelling for staff through shared language and behaviour to foster a positive and safe school environment.

Testimonials

"

"The facilitators were fabulous and made the students feel so comfortable. The student and staff feedback was overwhelmingly positive - they had only wonderful things to say."

**Year 10 Coordinator,
Princes Hill Secondary College**

"

"The feedback was heartening to read. Thank you for the impact you have had on the students. It is not a particularly easy aspect for teachers of other subjects to address."

**Head of Middle School,
The Knox School**

"

"Our teachers were absolutely blown away. Your team went above and beyond what was expected. Well done."

**Head of PE & Wellbeing,
Haileybury College**

"

"The staff feedback was very positive. The students were really engaged in the workshops. Thank you for providing a wonderful experience for our students."

**Head of Health & PE,
Kilbreda College**

Student Workshops

🕐 **60-90 minutes**   🤝 **Tailored approach**   💬 **Interactive**

👥 **Class groups**   📋 **Curriculum aligned**   📖 **Evidence-based**

Recommended Year Levels

● Year 5 & 6   ● Year 7   ● Year 8   ● Year 9   ● Year 10   ● Year 11 & 12   ○ All

● Puberty	● Embracing Change	● Respectful Relationships Part 1	● Body Safety
● Body Image	● Choices & Changes	● Respectful Relationships Part 2	● Identity
● Consent Part 1	● Sex & Social Media	● Porn v Reality Part 1	● Safe Partying
● Consent Part 2	● Sexual Relationships	● Porn v Reality Part 2	● Sex & Society
● Safe Sex & STI's	● Inclusivity	● When's the Right Time?	● Intimacy
● Pleasure	● Privilege	● Sexual Violence	● Effective Upstanding
			● Q&A

Year 5-6 Workshops

Puberty

To explore the physical, social and emotional changes during puberty.

- Correct naming of body parts
- Overview of physical changes, including hair growth, menstruation (including menstrual products) and erections
- Reinforcing everyone develops differently

Embracing Change

To help students manage changes and transitions.

- Exploring the exciting and challenging parts of growing up
- Strategies to manage physical, social and emotional change
- Puberty recap, including hygiene

Body Safety

To introduce the concept of consent and personal boundaries.

- Names and functions of reproductive body parts
- Importance of personal space and boundaries
- Reinforcing consent, communication and seeking help, including importance of safety networks

Respectful Relationships Part 1

To encourage respectful decision-making online and in relationships.

- Respectful decision making consistent with values
- Choices in relationships, including managing rejection and starting and ending relationships respectfully
- Choices on social media, including digital footprints, peer pressure and responding to cyberbullying

Year 7 Workshops

Identity

To introduce the concept of gender and sexuality.

- Critical analysis of gender stereotypes
- Intersection between biological sex, gender and attraction, including an overview of LGBTQIA+
- Reinforcing the importance of acceptance and celebrating diversity

Body Image

To encourage body positivity and educate on distorted media expectations.

- Critical analysis of body image perceptions
- Distorted and unrealistic body image ideals portrayed in everyday media and social media
- Promoting diversity and body positivity

Choices & Changes

Strategies to manage development of sexual feelings and behaviour.

- Reinforcing everyone's timeline around sexual activity and development is unique
- Navigating adolescence, critically analysing choices in and out of one's control
- Appropriately acting on feelings and managing rejection

Respectful Relationships Part 2

Respectful choices and communication in relationships.

- Introduction to consent
- Exploring respectful vs. non-respectful relationships (friendships, family, romantic)
- Navigating relationship breakdowns and effective communication, including the impact of language
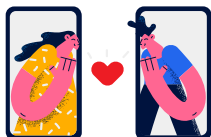
Year 8 Workshops

Consent Part 1

To explore the concept of sexual consent and respecting boundaries.

- Legalities, including age of consent, free agreement and the affirmative consent framework
- Key requirements for valid sexual consent
- Critical analysis of consent in everyday media
- Respecting boundaries and seeking help

Sex & Social Media

To educate on the complexities and ramifications of sexting and digital footprints.

- Digital footprints
- Ramifications and legalities of sexting (including AI generated images)
- Strategies to combat peer pressure and support peers
- Managing and reporting image-based abuse

Porn v Reality Part 1

To equip students with strategies to critically analyse everyday sexualised images.

- Critical analysis of everyday sexualised images in the media, focussing on body image and consent
- Key requirements for sexual consent
- Strategies to manage physical and emotional pressures

Safe Partying

To empower students to make informed and safe decisions in party environments, particularly regarding drugs and alcohol.

- Legalities and statistics around underage consumption
- Safe environments, including warning signs and limits
- Impact of alcohol & drugs on sexual consent
- Managing peer pressure, seeking help and supporting peers

Year 9 Workshops

Consent Part 2

To explore the nuances of sexual consent and navigate communication within sexual relationships.

- Revision of legalities surrounding age of consent, free agreement and affirmative consent
- Introduction to coercive control and positions of power
- Communicating consent, personal boundaries and navigating uncomfortable situations

Sexual Relationships

To explore the application of consent and respect to sexual relationships.

- Peer pressure around sexual activity and relationships
- Scenarios applying consent to real life situations
- Unpacking types of sexual relationships and stages of sexual activity, reinforcing communication and respect

Porn v Reality Part 2

To critically analyse the difference between mainstream pornography and real life, healthy sexual relationships.

- Science behind pornography addiction
- Critical analysis of key distortions, including body image, sexual behaviour and gender roles

Sex & Society

To demystify sexual activity and explore factors that influence sexual relationships.

- Exploring factors that influence sexual relationships, including societal, cultural and personal relationships
- Reinforcing importance of open and clear communication in relationships
- Debunking common myths surrounding sexual activity and sexual relationships

Year 10 Workshops

Safe Sex & STI's

To educate and inform students on sexual health and safe sex practices.

- Exploring available contraception methods, including appropriate condom use
- Overview of STIs and the testing process
- Combatting STI stigma

Inclusivity

To promote inclusivity and negate discrimination based on gender and sexuality.

- Intersection between biological sex, gender and attraction, including an overview of LGBTQIA+
- Critical analysis around discrimination and harmful language
- Pronoun use, bystander intervention and encouraging a safe and inclusive environment

When's the Right Time?

To combat peer pressure and promote safe and healthy sexual relationships.

- Explore why people may or may not choose to engage in sexual activity
- Safe environments, including consent and communication
- Myth busting common sexual myths

Intimacy

To explore the correlation between intimacy, relationships and sexual activity.

- Exploring different types of intimacy, including physical, emotional, spiritual and intellectual
- Intimacy scale, reinforcing everyone's preferences are unique and should be respected
- Scenario-based discussion reinforcing the importance of negotiation and communication

Pleasure

To highlight the importance of open communication and the factors that can impact sexual experiences.

- Exploring safe and pleasurable environments, reinforcing consent, communication and respect
- Debunking sexual myths and exploring common sexual dysfunctions
- Intimate, relational and cultural influences on sexual activity and relationships

Privilege

To engage students in a critical evaluation of privilege in today's society.

- Exploring the different types of privilege in society, focussing on gender, sexuality and race
- Intersectionality and privilege
- Empower students to use their privilege to challenge social inequality and support others

Sexual Violence

To explore the drivers of sexual violence and empower students to stand up, support themselves and peers.

- Drivers of sexual violence, including gender and power imbalances
- Legalities and statistics in the Australian context
- Prevention strategies emphasising collective responsibility and bystander intervention
- Seeking help and supporting peers

Effective Upstanding

To empower students to support themselves, their peers and be agents for social change.

- Revising sexual violence statistics with an intersectional lens
- Exploring peer pressure, the impact of stereotypes and victim blaming
- Frameworks and strategies for bystander intervention across sexual violence, harassment and peer pressure

Parent Seminars

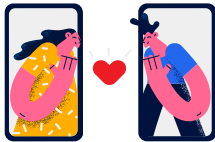🕐 *60 minutes*

👥 *Unlimited audience sizes*

📣 *Face-to-face and online formats*

Puberty & Embracing Change

- Discussion around the physical, social and emotional changes one can expect during puberty
- Strategies for parents to manage change and to start effective conversations at home

Sex & Social Media

- Statistics and prevalence of sexting amongst young people, including common distribution platforms
- Impact of sexting, including legalities and consequences
- Strategies to implement if things go wrong and to start effective conversations at home

Consent

- Statistics and prevalence of sexual assault
- Legalities surrounding consent
- Avenues to seek help
- Strategies to start the conversation at home

Pornography

- Statistics and prevalence of exposure to pornography amongst young people
- Impact of exposure, including key distortions
- Strategies to start effective conversations at home

Staff PD

🕐 *1–3 hours*

👥 *Up to 35 staff per group*

📢 *Face-to-face and online formats*

Consent

- Statistics and prevalence of sexual assault
- Legalities, including age of consent, free agreement and the affirmative consent framework
- Key requirements for valid sexual consent
- Peer pressure, victim blaming and false allegations
- Supporting students and help seeking strategies

Inclusivity

- Intersection between biological sex, gender and attraction, including an overview of LGBTQIA+
- Research and statistics relating to experiences of sexual and gender diverse young people
- Pronoun use, inclusive language and encouraging a safe and inclusive environment
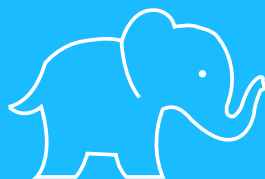
Online Safety

- Legalities and statistics relating to sexting and young people's exposure to pornography
- Impacts of exposure to pornography and risks of sharing intimate images, including common distribuation platforms
- Navigating and reporting image-based abuse

Delivery

- Research around young people's preferences for engaging with consent and sexuality education
- Strategies to create safe, engaging and discussion-based learning environments
- Exploring best practice for structuring lessons from start to finish

elephanted