

Alcohol and Drug counselling



**Meet Tom from
Clarence Street who
offers appointments at
headspace
Indooroopilly every
Wednesday from 1-4pm.**

**Clarence Street is a confidential service
supporting young people to make positive
changes to their alcohol and other drug use.**

Tom can support you with:

- **Achieving your goals with drug and alcohol use.**
- **Reducing or stopping your current level of use.**
- **Exploring ways of minimising the risk and harm related to drug and alcohol use.**
- **Understanding why you are using drugs and alcohol.**

**If you'd like to find out more or book your first
appointment, please call our reception team on
(07) 3157 1555.**