



Sense Youth Mentoring

Sense Youth Mentoring aims to empower young people to develop practical skills for life. Through a combination of engaging activities such as rock climbing, nature hikes, art classes, cooking classes, and laser tag, along with personal development sessions focusing on a range of topics like building social skills, goal setting, and respectful relationships, teenagers are encouraged to step outside their comfort zone and grow in a supportive and relaxed environment. Volunteer mentors serve as role models on the day, creating a vibrant community and support network where teenagers can feel valued and develop a sense of belonging.

Each year, teenagers on Sense are invited to participate in a free, 3-day adventure camp, which is a wonderful opportunity to further develop the connections between the mentors and the young people. Sense Camp includes team-building activities such as stealth missions and mud challenges, as well as hiking, cooking over a fire, and camping in tents under the stars.

Sense is for teenagers aged 14-17, with programs on the northside and southside of Brisbane.



For more information or to get involved, contact Daniel Ingledeew on 0409 836 237 or daniel.ingledew@svdpqld.org.au.



St Vincent de Paul Society
QUEENSLAND

good works